

Thursday August 25, 2016








Lunch

Italian Spaghetti

Honey Drummies

Greek Pasta Salad Lacto Vegetarian

Veggie Spaghetti Vegan

Item	Calories	Sodium	Protein	Fat	Carbs	Cholesterol	Fiber
Italian Spaghetti 	316	475mg	16g	8g	45g	40mg	2g
Honey Drummies  (4 pcs)	200	380mg	18g	13g	4g	105mg	0g
Greek Pasta Salad   	292	422mg	10g	12g	36g	20mg	2g
Veggie Spaghetti  	210	475mg	3g	2g	45g	0mg	3g

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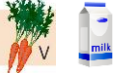

Dinner

Southwest Chicken w/Mushrooms

Salmon Croquettes

Southwest Sweet Potato Bake Lacto Vegetarian

Moroccan Tagine Vegan

Item	Calories	Sodium	Protein	Fat	Carbs	Cholesterol	Fiber
Southwest Chicken with Mushrooms 	437	450mg	21g	37g	5g	130mg	1g
Salmon Croquettes 	187	512mg	21g	7g	10g	80mg	0g
Southwest Sweet Potato Bake 	315	950mg	11g	10g	45g	20mg	4g
Moroccan Tagine 	160	378mg	6g	4g	25g	0mg	5g